

Michael Cox " Blog" Jan18 2009

<http://www.thebirdwhisperer.org>

Greetings Folks:

I have had a number of people ask me, what technique(s) I use in working with distressed companion (Exotic) birds.

Well, I can tell you that, I do not force the issue, nor do I sit and ponder the situation, hoping I will find the way.

What I do depends on the individual (Bird). Think of it this way, everyone you know, and everyone they know, is different, and

unique. Why? Because we are life forms and have self awareness. This also applies to birds as

well. Now that you have grasped a bit of the concept, we go to the next step.

Depending on how the bird reacts and to be able to interpret that reaction fairly, requires experience. Enough experience allows one to take the next step in the process of communicating.

I have over 50 years of experience

working with a varied amount of what many of us refer to as Animals.

I have found that birds are beyond awesome. I am currently doing research with some of my own African Grays for instance to establish the fact that yes, they are also telepathic.

I feel this is an occurrence

in all birds. (perhaps the unspoken language of life that goes on around us non-stop.)

Okay, so what is it I am attempting to say, you may ask?

I communicate straight from the heart. I am 100% successful so far in all of the birds I have

worked with, no matter the horrors of abuse, mentally

or physically by people. (hitting birds, throwing things at birds, being just plain cruel.)(I am not

speaking of medical problems).

I feel their spirit because I believe they have found my

spirit and wanting to communicate worthy enough to allow me to simply say hello.

This is where it begins to expand.

I will give you an instance, that occurred on Jan12th 2009 at a place that sells Exotic Birds. They

also sell African Grays that are paired. Male

and Female. What happened to me that day was so deliciously overwhelming that I have to say,

other than the day my son was born, had to be the

most incredible day of my life. Please let me explain. I am evoking this to you because if there

ever comes a time in which I can help

you with your bird(s) "I would want to know that the person I put my faith and heart-felt trust in,

was the best I could do for my loving, scared

or fearful bird(s)."

There is a row of very large breeder cages outside, with a small sidewalk that runs right down in front of them. This place is out in the country and is very beautiful. The birds have a wonderful view to look out on to. They are treated very well. Since these are potential breeder birds, they have always pretty much stayed toward the back of the cages near the breeder boxes that are connected to each cage. got the picture yet? hope so.

So, I was feeling good about coming out and visiting with the other birds there, as I do on occasion and commune with them.

I walked around the corner and began down the sidewalk. All of sudden the first two pairs of African Grays came right down off their perches, that rest more towards the back of the cages, and put their heads down and up against the bars, so I could rub them and touch them. These birds have had no human contact like that in 5-6 years as far as I have been told. I was blown away at the little warming sounds that came out of their mouths, almost like baby birds would make, just adorable. Well, by that time I had tears in my eyes and my heart was asking myself why? Do they know what I am trying to accomplish for birds?

I rose up slowly and continued down the sidewalk, and stopped and the tears just flowed. Every single pair of African Grays, as well as a 35 year old yellow nape Amazon, and a Cockatoo were at the front of their cages all down with their heads pressed up against the bars, and began to make some very interesting sounds. I got down on my knees in front of each cage and stroked and touched them. I would close my eyes and feel my heart sing as I did this. After awhile, legs trembling, I stood up after being at the last cage in the row, I stepped back so I could see them all.

whistles and silliness was abundant. :-)

It finally came to me. They know! They really know! and they support what I am going to

accomplish was confirmed to me that day!

Nothing will ever be able to change that for me. Read my "Mission Statement again please.

So when it comes to how do I work with birds, it is really about how the bird feels about

you in the  
final process. In many instances  
it has not been the bird I have had to treat for knowing fear. It has been the person who  
owns the  
bird. People have a tendency to  
think that if there is a problem with a bird, it is a direct result of the bird's misfortune in  
being able  
to cope. NOT so. Living things  
all have the right to be treated with dignity and self respect.  
oh, and teaching your bird tricks? NO!  
why?

It is quite simple, the real trick here is to witness what your bird comes up with by how  
you  
interact with them. example, we play with our birds a lot on the bed. they chase balls,  
climb

ladders over the pillows, sing some good reggae music sometimes...:-)

But they have all done this watching each-other as well.

I have seen folks out there that advertise as bird whisperer's to lure you to their sites  
to get you to use different systems to make your birds do this and that. and then attempt  
to convince you that their bird food is the best. I have more than just doubt about such  
activities.

There is the beginning where the dimishment of the spirit begins in a bird. I have plenty  
of

experience in what I am telling you.

The real trick to witness is the one day ,when you suddenly are standing there and you  
feel

your spirit and the spirit of your bird become one. The only way to accomplish this  
totally

is to allow your bird the chance to give you the gift of play. That to me is the difference  
between

living and existing.

Perhaps some of what I have written here, may already have you on your way to being  
closer to

your bird(s). If so, then that works for me. All I ask is that you pass a long what may have  
helped you in this simple blog to others that have birds or know people that do. I am not  
concerned about being given credit for this, just pass it a long as if it were your own heart  
and

idea in play. We can all make this work, I really believe it.

In closing, be assured that what I do is honorable and real. The birds know it, the people I  
have

worked with know it.

I am here to help, not to take.

warmly and with respect to the world.

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